Mentors:
A key to success in college, career and life
What’s a mentor?

• A person who:
  • Provides helpful information
  • Offers support and advice
  • Acts as a sounding board: let’s me know I’m not alone
  • Understands my goals and helps me achieve them

• Mentors vs. Role Models
  • A mentor is someone you have a relationship with, which does not have to be the case with a role model
Why should I have a mentor?

• Students who have mentors:
  • Are more confident
  • Feel less stressed
  • Have more opportunities
  • Establish career goals
  • Develop professional networks
  • Are more likely to stay in their major and graduate

• Someday you will be a mentor to other
Who could be my mentor?

- Faculty members
- Professionals in my field
- Peers
  - Senior students
  - Students in my class
- Having more than one type of mentor is very helpful!
How can I find a mentor?

- Get to know people in class
- Meet the CS faculty
- Go to CS department functions
- Join professional societies
- Take advantage of every opportunity to network!